

Youth Policy

The minimum age for participation in any swimming activity at this event is 13 Years old *today*

Exemption to the Under 13 Rule

We understand that there are plenty of kids less than 13 years of age who can comfortably swim any of the distances offered at the splashanddash, and if this is your child, we are happy to have them in our event.

But before we allow them in our event you need to satisfy us that they are capable of participating in the distance they want to swim. You can show us this in one of two ways;

- Provide a set of results, in printed form, showing that they have competed in a recognized open water swimming event, of a distance not substantially different to the distance they intend to swim at the splashanddash.
- Provide evidence that the child is a regularly participating member of an organized swimming squad. In order to provide this evidence we ask that you have the child's Coach complete the following details.

NB – We are not asking the Coach to vouch for the child's ability to participate in our event, but only to verify what the child does at squad. On that evidence we will determine whether they can participate in our event or not.

Child's Name _____

Coach's Name _____

Name of Swimming Club _____

Name of Pool _____

Number of times a week Child swims (circle) 1 2 3 4 5 6

Average distance the Child swims per session (circle)

<500m 500m 1000m 1500m 2000m 2000m+

Coach's Signature _____

Lastly, any decision the event organizer makes regarding your child's participation is final.